

# The Road to Building Healthier Communities

The Community Health Action Team (CHAT) is a partnership between Franklin County Public Health (FCPH) and community members to work together to build healthier communities in Franklin County. There are many ways communities can address health needs.

## EXAMINE THE DATA

Using the Franklin County Community Health Assessment data and community profile, a CHAT will identify health disparities and opportunities to improve the health and well-being in their community using evidence-based interventions.

## SELECT A PATHWAY



### CHRONIC DISEASE PREVENTION

- Nutrition
- Physical Activity
- Tobacco Cessation



### ENVIRONMENTAL HEALTH

- Injury Prevention
- Air and Water Quality
- Sustainability
- Built Environment
- Transportation
- Green Space
- Falls Prevention
- Violence Prevention



### MENTAL HEALTH AND WELLNESS

- Substance Abuse Prevention
- Suicide Prevention
- Emotional Well-being
- Digital Wellness
- Opiate Outreach
- Violence Prevention
- Stop the Bleed



### MATERNAL AND CHILD HEALTH

- Smoking Cessation for Pregnant Women
- Prenatal Education
- Centering Pregnancy Program



### ACCESS TO CARE

- Health Fairs
- Resource Guides
- Community Awareness
- Transportation
- Aging in Place
- HUB Pathways

**HEALTH EQUITY**

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## SELECT AN EVIDENCE-BASED INTERVENTION

SOME EXAMPLES INCLUDE:

Starting a produce market

Starting a Community Supported Agriculture (CSA) program

Introducing the Farm to School program in schools

Implementing a smoke-free policy in parks & schools

Establishing a Tobacco to 21 policy

Starting a Hepatitis C awareness campaign

Partnering with FCPH to start a Safe Routes to School program

Starting a Falls Prevention program

Implementing Complete Streets policies

Hosting community naloxone trainings

Installing new street lights

## ESTABLISH SMART GOALS

It's important to measure and track progress to ensure a positive impact is made in the community.

**SMART GOALS ARE SPECIFIC, MEASURABLE, ACHIEVABLE, RELEVANT, AND TIME-LIMITED.**

FCPH staff will work with the community to set realistic goals for their initiatives to measure their impact and find opportunities for improvement along the way.

## SHARE PROGRESS AND ENCOURAGE OTHERS TO GET INVOLVED

Each CHAT will share their work at an annual CHAT Summit hosted by FCPH, giving all CHATs the opportunity to meet and share best practices on community engagement and health and wellness.



### INTERESTED IN JOINING A CHAT OR STARTING ONE IN YOUR COMMUNITY?

Contact the FCPH CHAT team at [FCPHCHAT@franklincountyohio.gov](mailto:FCPHCHAT@franklincountyohio.gov) for more information. We are always looking for excited and dedicated community members to help with our mission.

