Feeding Our Kids Food Grown, Raised and/or Processed in Ohio
ABOUT THE PROGRAM

Ohio Days: My Plate, My State program features ready-to-go tools and resources that can be used to support healthy eating in school cafeterias. Included in this toolkit are menu options for schools that have been used successfully in other school districts in Central Ohio. This does not constitute endorsement of these companies. These are companies that have partnered with schools before and have the capabilities to do so.

Ohio Days: My Plate, My State provides materials for students, families and the community to engage in hands-on opportunities to explore, taste and learn about the importance of eating a variety of local foods. Resources provide the opportunity for collaboration among educators, school nutrition staff, school administrators, students, parents, farmers, after-school programs, and more – all of whom are striving toward the goal of increasing consumption of healthy local foods.

PROGRAM GOALS
Ohio Days: My Plate, My State was created to promote and support Farm-to-School programming. There are numerous benefits to this program including menu variability and local sourcing options for schools and accompanying promotion and communication tools.

"LOCAL"
Ohio Days: My Plate, My State current definition of local includes any foods that are grown, raised and/or processed in Ohio.

TOOLKIT
This toolkit was created to aid in the expansion of Ohio Days: My Plate, My State. The vendors used in this toolkit are those that have successfully worked with the districts participating in Ohio Days in the past. These vendors have been a source of food grown, raised and/or processed in Ohio. This toolkit does not constitute an endorsement of these businesses.

Studies show that eating nutrient-rich foods like fruits and vegetables, whole grains and lean protein can help students perform better in school.
PROJECT TEAM
Ohio Days: My Plate, My State was made possible through partnership with Franklin County Public Health, Columbus Public Health, Ohio State University Extension and Columbus City Schools. This program is designed to support the capacity building of farm to school programming within Central Ohio and around the state.

MEMBERS OF THE PROJECT TEAM:
• Cheryl Graffagnino, Local Food System Strategies Coordinator at Columbus Public Health
• Carol Smathers, Ohio Farm to School Program Director at Ohio State University Extension
• Amy Fovargue, Youth Wellness Program Coordinator at Ohio State University Extension
• Joe Brown, Food Service Director at Columbus City Schools
• Kristin Peters, Health Educator at Franklin County Public Health

This resource was strengthened by the valuable input of several talented experts and field practitioners who reviewed initial drafts. The tools, resources and organizations referenced herein reflect a broad interest in farm to school and community-based food systems generally. The views expressed in these resources are not necessarily reflective of, or endorsed by Franklin County Public Health, Ohio State University Extension and Columbus Public Health. The project team acknowledges the existence of a diversity of viewpoints related to this emerging area of work and believes that, in the spirit of fostering an open and thoughtful dialogue, exploration of these viewpoints is essential to sound food system decisions in our communities.

PARTNERS
Columbus City Schools – Joe Brown, Food Service Director
Bexley City Schools – Julianna Carvi, Food Service Director
Upper Arlington Schools – Irene Hunt, Food Service Director

We are creating sound food system decisions for our communities and our schools.
OHIO PROVIDERS
PROTEIN

**ROOT’S POULTRY** | Fremont, OH
Shredded and Precooked Chicken
1-800-499-2536 • www.rootspoultry.com

**KING’S COMMAND FOODS** | Versailles, OH
Cooked Chicken and Beef Products
937-626-3553 • www.kingscommand.com

**BOWMAN & LANDES** | New Carlisle, OH
Cooked Turkey and Turkey Sausage
937-854-9466 • www.bowmanlandes.com

**KARN MEATS** | Columbus, OH
Cooked Ground Beef
614-525-3712 • www.karnmeats.com

**JTM FOODS** | Harrison, OH
Beef
1-800-626-2308 • www.jtmfoodgroup.com

**BEF FOODS** | Lima, OH
Breakfast Sausage and Sides
567-940-9401

**KEYSTONE MEATS** | Lima, OH
Cooked Beef, Pork, Turkey and Chicken
419-225-9600 • www.keystonemeats.com

**ADVANCEPIERRE** | Cincinnati, OH
Prepared Protein
800-317-2333 - www.advancepierre.com

**CONAGRA FOODS** | Troy, OH
Center of the Plate
937-335-2115 - www.conagrabrands.com
**OHIO PROVIDERS**

**VEGETABLES AND FRUITS**

**THE FREMONT CO.** | Fremont, OH
Canned Tomato Products
419-334-8995

**HIRZEL CANNING CO.** | Pemberville, OH
Canned Tomato Products
419-693-0531 • www.deifratelli.com

**TIP TOP CANNING CO.** | Tipp City, OH
Canned Tomato Products
937-667-3713 • www.tiptopcanning.com

**NATUREFRESH** | Delta, OH
Tomatoes
519-326-1111 • www.naturefresh.ca/ohio-fresh

**GREEN LINE FOODS** | Bowling Green, OH
Fresh Cut Vegetables
419-353-2326

**YELLOWBIRD FOODSHED** | Mt. Vernon, OH
Fruits and Vegetables in Season
419-889-7316 • info@yellowbirdfs.com

**BIRD HAVEN FARMS** | Granville, OH
Fruits and Vegetables in Season
740-587-1100 • www.birdshavenfarms.com

**GREAT RIVER ORGANICS** | Columbus, OH
Fruits and Vegetables in Season
www.greatriverorganics.org

**RHOADS FARMS** | Circleville, OH
Fruits and Vegetables in Season
740-474-2028 • www.rhoadsfarmsinc.com

**WATERFIELDS** | Cincinnati, OH
Hydroponic Salad Greens
513-729-7539 • www.waterfieldsllc.com

**GREEN CITY GROWERS** | Cleveland, OH
Hydroponic Salad Greens
440-339-4639 • www.evgoh.com/gcgc

**BAUMAN ORCHARDS** | Rittman, OH
Apples, Plums and Peaches
330-925-6861 • www.baumanorchards.com

**NOTES**
SMITH DAIRY • Reynoldsburg, OH
Milk
www.smithbrand.com

SNOWVILLE • Pomeroy, OH
Milk, Sour Cream & Yogurt
740-698-2340 • www.snowvillecreamery.com

UNITED DAIRY • Martin’s Fairy, OH
Milk & Dairy Products
1-800-252-1542

BIERY CHEESE • Louisville, OH
Cheese
330-875-3381 • www.bierycheese.com

PEARL VALLEY CHEESE • Fresno, OH
Cheese
740-545-6002 • www.pearlvalleycheese.com

MICELI’S DAIRY PRODUCTS • Cleveland, OH
Cheese
216-971-6222 • www.miceli-dairy.com

YOUNG’S DAIRY • Yellow Springs, OH
Cheese
937-325-0629 • www.youngsdairy.com

DANNON • Minster, OH
Yogurt: Activia Light and Fit, Oikos, Danimals
419-628-3861 • www.dannon.com
## OHIO PROVIDERS

### GRAINS

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<td>SHAGBARK SEED &amp; MILL</td>
<td>Athens, OH</td>
<td>Tortillas &amp; Chips</td>
<td>740-590-8240</td>
<td><a href="http://www.shagbarkmill.com">www.shagbarkmill.com</a></td>
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<td>KOKI’S TORTILLAS</td>
<td>Columbus, OH</td>
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<td>KLOSTERMAN BAKING CO.</td>
<td>Columbus, OH</td>
<td>Bread Products</td>
<td>614-338-8111</td>
<td><a href="http://www.klostermanbakery.com">www.klostermanbakery.com</a></td>
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<tr>
<td>OH! CHIPS</td>
<td>Columbus, OH</td>
<td>Tortilla Chips &amp; Kettle Potato Chips</td>
<td>614-390-0203</td>
<td><a href="http://www.oh-chips.com">www.oh-chips.com</a></td>
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### NOTES

- **SHIPTON DAIRY**  • Reynoldsburg, OH  
  Milk  
  [www.shiptondairy.com](http://www.shiptondairy.com)
- **SNOWVILLE**  • Pomeroy, OH  
  Milk, Sour Cream & Yogurt  
  740-698-2340  • [www.snowvillecreamery.com](http://www.snowvillecreamery.com)
- **UNITED DAIRY**  • Martin's Ferry, OH  
  Milk & Dairy Products  
  1-800-252-1542
- **BIERY CHEESE**  • Louisville, OH  
  Cheese  
  330-875-3381  • [www.bierycheese.com](http://www.bierycheese.com)
- **PEARL VALLEY CHEESE**  • Fresno, OH  
  Cheese  
  740-545-6002  • [www.pearlvalleycheese.com](http://www.pearlvalleycheese.com)
- **MICELI’S DAIRY PRODUCTS**  • Cleveland, OH  
  Cheese  
  216-971-6222  • [www.miceli-dairy.com](http://www.miceli-dairy.com)
- **YOUNG’S DAIRY**  • Yellow Springs, OH  
  Cheese  
  937-325-0629  • [www.youngsdairy.com](http://www.youngsdairy.com)
- **DANNON**  • Minster, OH  
  Yogurt: Activia Light and Fit, Oikos, Danimals  
  419-628-3861  • [www.dannon.com](http://www.dannon.com)
JTM FOODS  |  Harrison, OH
Entrees, Sauces & Soups
1-800-626-2308
www.jtmfoodgroup.com

SANDRIDGE FOODS  |  Medina, OH
Side Items & Soups
330-725-2348
www.sandridge.com

FROG RANCH  |  Glouster, OH
Salsa
800-742-2488 • www.frogranch.com

SMUCKERS  |  Orrville, OH
Jams & Jellies
330-990-7381 • www.smuckers.com

MARZETTI  |  Columbus, OH
Salad Dressings
614-279-8673 • www.marzetti.com

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# Ohio Providers In Season

## Fruits & Herbs

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