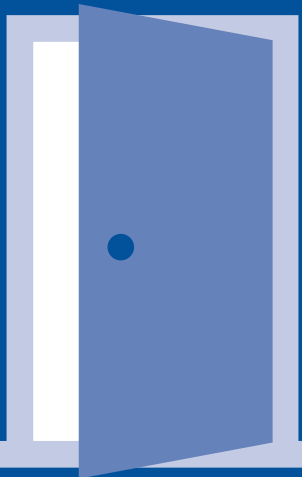
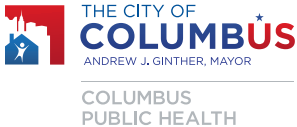


Columbus & Franklin County, Ohio • Spring 2017

OPIATE COMMUNITY RESOURCE GUIDE

A Reference
Tool to Help
Individuals Who
Are Impacted by
Opiate Use and
Addiction





The information in this resource guide was compiled by Columbus Public Health with input from community partners.

If you have questions about specific services, contact the service provider directly.

For printed copies of the Opiate Resource Guide, contact The Herald, Inc. for pricing and shipping information at 419-492-2133 or CMorrow@theheraldinc.com.

If there has been a change in your organization's information or if you would like your program's information to be included in this guide, contact Melissa Green, MASW, LSW at 614-724-2033 or MEGreen@columbus.gov.

For more information about opiate addiction and local community resources, visit www.columbus.gov/opiatecrisis.

5/18/2017

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HOW TO USE THIS GUIDE

The Opiate Community Resource Guide is a reference tool to help individuals who are impacted by opiate use and addiction. It is not a comprehensive guide to all opiate addiction concerns, but is a “key issues” guide for supporting opiate addiction treatment and recovery.

HELPFUL TIPS:

- **This guide is organized alphabetically** by type of service. Organizations may be listed more than once if they offer a variety of services (e.g., infectious disease testing and support groups). Organizations are listed alphabetically in each section.
- **In the back of this guide, there is an index** with page numbers where these organizations can be found.
- **This guide can be used by** care providers, family members, friends and those experiencing opiate use.
- **As Ohio addresses the opiate epidemic, organizations and services may change** so you are also encouraged to contact service providers by phone or website.
- This guide is also available electronically on the Columbus Public Health website. For the most current digital version, visit www.columbus.gov/harm.

GOAL: To provide the public with current information and resources to assist those who are impacted by opiate use and addiction.

WHY INCLUDE THESE SERVICES IN THIS GUIDE?

Resource guide services are intended to help those addicted to drugs stay alive for the day that they are ready for treatment.

ADDICTION & OVERDOSE OVERVIEW

ADDICTION & OVERDOSE OVERVIEW

WHAT IS ADDICTION?

- Addiction is a chronic, relapsing brain disease that is characterized by compulsive drug seeking and use despite harmful consequences.
- Drugs change the brain. These changes can be long-lasting, and can lead to harmful behaviors seen in people who abuse drugs.

WHAT ARE OPIOIDS?

- Opioids are drugs that depress or relax the activity of the nervous system, decreasing feelings of pain and affecting breathing.
- Opioids include drugs such as heroin, oxycodone (Percocet, Percodan, OxyContin), hydrocodone (Vicodin, Lortab, Norco), fentanyl, hydromorphone (Dilaudid), buprenorphine (Subutex, Suboxone), codeine, methadone, morphine and tramadol (Ultram).

HOW TO HELP OTHERS

An overdose is a medical emergency and 911 should be called immediately.

- Talk to youth about avoiding drugs and practicing positive coping skills.
- Provide supportive resources available in this guide to those using opioids.
- Provide the companion opiate pocket resource card to those using opioids. Card can be found online at www.columbus.gov/OpiateResourceGuides.
- Offer emotional support to those using to encourage them to seek services while avoiding ultimatums.

SIGNS OF AN OVERDOSE

- Slow breathing (less than 1 breath every 5 seconds) or no breathing
- Vomiting
- Face is pale and clammy
- Blue lips, fingernails and/or toenails
- Slow, erratic or no pulse
- Snoring or gurgling noises while asleep or nodding out
- No response when you yell the person's name or rub the middle of their chest with your knuckles

HOW TO RESPOND TO AN OVERDOSE

- Try to wake the person up by yelling their name and rubbing the middle of their chest with your knuckles.
- Call 911 and explain that the person has stopped or is struggling to breath.
- Make sure nothing is in the person's mouth that can block their breathing. If breathing has stopped or is very slow, begin rescue breathing.
- If possible, administer naloxone (Narcan).

WHAT IS NALOXONE?

- Naloxone is a medicine commonly known as Narcan that can be used to reverse an overdose caused by opioid drugs.
- When administered during an overdose, naloxone blocks the effects of opioids on the brain and restores breathing.
- It can be given as an injection in a muscle or as a nasal spray.
- Naloxone works rapidly and will not harm the person receiving it.

IF YOU ARE USING OPIATES, HOW DO YOU KNOW YOU ARE READY TO GET HELP?

1. Have you ever felt you should cut down your use?
2. Have you ever felt guilty or bad about using?
3. Have you ever felt that if you could quit using, your life would be better?
4. Have you ever been in trouble with the law, at school or work due to your use?
5. Has your drug use caused problems at home with your spouse/partner or family?
6. Have you used to ease withdrawal symptoms or avoid feeling low?
7. Are you currently experiencing withdrawal symptoms: excessive sweating, nausea, diarrhea, insomnia, muscle pain or extended fatigue?

If you said yes to any of the above, please see Treatment Services on page 41.

ARE YOU OR SOMEONE YOU KNOW EXPERIENCING AN OPIATE OR DRUG ADDICTION CRISIS?

Three things to do...

- CALL for help or more information.
- HAVE naloxone (Narcan) on hand so someone can help reverse a life-threatening overdose.
- KNOW that you are not alone. Help is available. We care about YOU.

CRISIS INTERVENTION SERVICES

CRISIS INTERVENTION SERVICES

If you are experiencing an emergency, PLEASE CALL 911.

EMERGENCY RESPONSE SERVICES

Nationwide Children's Hospital Youth Psychiatric Hotline

Phone: 614-722-1800 (24 hour access)

Web: www.nationwidechildrens.org/crisis-services

Serves youth 17 and under to ensure linkage for emergency evaluations, coordination with community providers, and referrals for ongoing service.

Netcare Access Crisis Hotline

Phone: 614-276-2273 (CARE)

Web: www.netcareaccess.org

Immediate help for mental health and substance abuse related emergencies are available by phone on the Crisis Hotline.

The Crisis Hotline is available for emergency response 24 hours a day, 7 days a week, 365 days a year.

A Crisis Stabilization Unit at 199 S. Central Ave. is available for clients over 18 requiring stabilization before returning home but not in immediate need of hospitalization. Clients enter on a voluntary basis and may stay up to 7 days.

Walk in assessments can be completed for those not experiencing an immediate crisis emergency from 8 a.m.-3:30 p.m., Monday-Friday at 741 E. Broad St.

North Central Mental Health Services

Suicide Hotline: 614-221-5445

Web: www.ncmhs.org/Emergency.htm

This line is open 24 hours a day, 365 days a year and is answered by trained volunteers who listen, assess suicide risk, and give support to callers in crisis. Volunteer workers also provide information and assistance to relatives, friends, co-workers and others who are concerned about a suicidal individual.

Franklin County Suicide Prevention: 614-221-5445

Teen Suicide Prevention Services: 614-294-3300

Senior Suicide Prevention Services: 614-294-3309

Ohio Department of Mental Health and Addiction Services (OhioMHAS)

Crisis text line in Ohio: 741-741

Throughout Ohio, individuals can text the keyword “4hope” to 741 741 to be connected to a Crisis Counselor. Your message is confidential, anonymous and secure. Data usage while texting the Crisis Text Line is free and the number will not appear on a phone bill with the mobile service carrier.

OTHER CRISIS INTERVENTION SERVICES

Columbus Public Health Opiate Crisis Line

Hours: M-F, 9 a.m.–5 p.m.

Phone: 614-724-HOPE (4673)

Provides referral information and resources in Franklin County for those using opiates and those affected by opiate use, including supportive services.

Hands on Central Ohio

Phone: 211 (24-hour answering service)

Web: www.handsoncentralohio.org

HandsOn Central Ohio's 2-1-1 Online Directory of Human Services provides immediate access to more than 3,000 programs available in Central Ohio with detailed information on social, educational, cultural, health, government, self-help and support services. 2-1-1 Online contains the most current information available on more than 1,000 nonprofit, government and health care organizations.

INFECTIOUS DISEASE COUNSELING & TESTING

INFECTIOUS DISEASE COUNSELING & TESTING (HEPATITIS C, STI & HIV)

These agencies offer infectious disease counseling and testing services. Please contact the agency directly to learn more about cost and services.

AIDS Healthcare Foundation (AHF) Columbus Wellness Center

Address: 815 W. Broad St., Suite 350, Columbus, 43222

Phone: 614-223-1532

Web: www.freestdcheck.org

Hours: Mon 5:30 p.m.-7:30 p.m.
Thu 1 p.m.-5 p.m.

Columbus Public Health

Address: 240 Parsons Ave., Columbus, 43215

Phone: 614-645-7417

Web: www.columbus.gov/publichealth/programs/sexual-health

Sexual Health Clinic Hours

Mon 8 a.m.-2:15 p.m.
Tue 10 a.m.-6:15 p.m.
Wed 8 a.m.-11:15 a.m.
Thu 8 a.m.-4:15 p.m.
Fri 8 a.m.-4:15 p.m.

Take Care Down There Clinic Hours

Mon 5 p.m.-8 p.m.
Wed 1 p.m.-5 p.m.
Thu 5 p.m.-8 p.m.

Equitas Health

Address: 4400 N. High St.- Suite #300, Columbus, 43214

Phone: 614-299-2437

Web: www.equitashealth.com

Hours: Tue 9 a.m.-8 p.m.
Wed 9 a.m.-5 p.m.

Equitas Health Medical Center

Address: 1033 N. High St., Columbus, 43201

Phone: 614-340-6777

Web: www.equitashealth.com

Hours: Fri 9 a.m.-8 p.m.
Sat 9 a.m.-noon

PrimaryOne Health

Address: Multiple Locations

Phone: 614-645-5500

Web: www.primaryonehealth.org

Call to schedule an appointment or visit the website to learn more about testing and other services.

NALOXONE (NARCAN) ACCESS

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Chalmers P. Wylie VA Ambulatory Care Center

Address: 420 North James Rd., Columbus, 43219

Phone: 614-257-5440 (to schedule an appointment)

Web: www.columbus.va.gov/services/mentalhealth.asp#add

Hours: Walk Ins - Mon-Thurs, 8 a.m.-3 p.m.
Fri 10 a.m.-3 p.m.

Provides overdose education and naloxone distribution to qualified Veterans who use opioid treatment for chronic pain or who are diagnosed with an Opiate Use Disorder.

CompDrug

Address: 547 E. 11th Ave., Columbus, 43211

Phone: 614-224-4506

Web: www.compdrug.com

Education, training and naloxone at no cost to individuals. To obtain naloxone, clients must attend a training session on addiction, overdose prevention, naloxone use and treatment options available in Franklin County. Call 614-586-1590 for more information on training sessions.

Equitas Health Medical Center and Pharmacy

Address: 1033 N. High St., Columbus, 43201

Phone: 614-340-6776

Web: www.equitashealth.com

The cost of a naloxone kit is usually covered by most prescription insurances. The cost is \$50-\$100 without prescription insurance.

Local Retail Pharmacies

Most CVS, Kroger and Walgreen pharmacies carry naloxone. Contact your local pharmacy to confirm if it has naloxone available or visit:
<http://pharmacy.ohio.gov/Licensing/NaloxonePharmacy.aspx>.

In retail pharmacies, the cost of a naloxone kit is usually covered by most prescription insurances. The cost is \$50-\$100 without prescription insurance.

Mount Carmel Project DAWN - Mobile Medical Coach

Phone: 614-546-4200

Web: www.MountCarmelHealth.com/projectdawn

Through generous donations to the Mount Carmel Foundation, the Mount Carmel Project DAWN program provides Narcan (naloxone) kits free-of-charge to those without health insurance and limited financial means. To request your Project DAWN Narcan kit, visit the Mount Carmel Mobile Medical Coach during clinic locations or call for more information.

Southeast, Inc.

Address: 16 West Long St., Columbus, 43215

Phone: 614-225-0990

Web: www.southeastinc.com

First come, first served walk-in groups every FIRST and THIRD Friday of the month at 1 p.m. Interested persons should come to the front desk and sign-in for the Naloxone Group.

PHYSICIAN LOCATORS

PHYSICIAN LOCATORS

The following resources offer additional options for service providers that meet the needs of clients.

Drug and Alcohol Abuse Treatment Locator

www.findtreatment.samhsa.gov/about.htm

Buprenorphine Physician and Treatment Program Locator Resource

<http://www.samhsa.gov/medication-assisted-treatment/physician-program-data/treatment-physician-locator>

http://www.opiateaddictionresource.com/treatment/suboxone_treatment_directory/oh_suboxone

Ohio Mental Health and Addiction Services (OHIO MAS) Provider Directory

<https://prod.ada.ohio.gov/directory/>

StepONE Prenatal Care Provider Directory

<http://celebrateone.info/stepone/>

Franklin County “Network of Care” Mental Health and Addiction Services Providers Search

<http://franklin.oh.networkofcare.org/mh/>

PREVENTION SERVICES

PREVENTION SERVICES

Comprehensive prevention programs are designed to prevent the use and/or to delay first use of alcohol and other drugs. They are available at the local level and often at no cost to participants. Prevention programs are typically designed either for the general population or for those identified to be at higher risk to use and abuse drugs, alcohol and/or tobacco.

Columbus Public Health Alcohol and Drug Abuse Program

Address: 240 Parsons Ave., Columbus, 43215

Phone: 614-645-6839

Web: www.columbus.gov/publichealth/programs/Alcohol-and-Drug-Abuse

Works to reduce alcohol and other drug abuse, addiction and related problems in Columbus through high quality, effective and culturally sensitive services for prevention and intervention. Programs are certified by OhioMHAS and include Education, Community based Process, Information Dissemination, Problem Identification and Referrals, Environmental and Alternative strategies.

Youth and adult programs utilize curriculums to provide education in the form of small group discussion.

Y.E.S. (You're Extra Special): A school-based child-centered education prevention program for children whose lives have been affected by alcohol and other drug use. This 12-lesson support and education group is for children ages 8-13.

SOS (Saving Our Selves): Breaks the cycle of high risk behaviors for substance abuse, HIV and sexually transmitted infections (STIs) through school-based educational discussion driven groups for those ages 14-24.

Parenting Wisely: 5 week program that meets at Columbus Public Health to better understand parenting skills by teaching methods for improving family relationships and children's behavior. The program, which looks at the most common problems of families with young children, is free and meets the requirements for Children's Services and the courts.

SAGE (Substance Abuse General Education): Meets at Columbus Public Health and provides education on substance abuse to help reduce the risk for developing alcohol and other drug problems. It is a 5 week discussion based program that includes four 3 hour classes using an evidence based curriculum and a one hour wrap up risk reduction interview.

For a full list of programs or more information, visit the website or call 614-645-6839.

CompDrug**Address:** 547 E. 11th Ave., Columbus, 43211**Phone:** 614-224-4506**Web:** www.compdrug.com

Certified by OhioMHAS as a Prevention Services Provider. Prevention services are a planned sequence of culturally relevant, evidenced-based strategies to reduce the likelihood of or delay the onset of mental, emotional and behavioral disorders.

Youth to Youth: A community-based drug prevention and youth leadership program for middle school and high school students to harness the powerful influence of peer pressure into a positive force that encourages young people to live free of tobacco, alcohol and other drugs.
<http://www.youthto youth.net/>

H.I.V. Early Intervention: Provides trained professionals to deliver accurate and up-to-date information on Sexually Transmitted Infections (STIs) to the substance abusing population in a candid and enlightening format.

Senior Sense: Educational presentation for health care professionals focusing on at-risk behaviors of seniors including the use of medications and alcohol.

Senior Sense Speaks: Trains seniors in safe medication practices and warns them of their risk for alcohol abuse.

Drug Free Action Alliance

Address: 6155 Huntley Rd.-#H, Columbus, 43229

Phone: 614-540-9985

Web: www.drugfreeactionalliance.org

Delivers up-to-date information and develops initiatives that serve the immediate needs of those working to prevent substance abuse in Ohio and beyond. Forms partnerships with businesses, community members, substance abuse prevention professionals, policy makers, law enforcement, school personnel and parents.

Drug Safe Worthington

Web: www.drugsafeworthington.org

Provides coordinated, ongoing and focused community efforts to raise awareness and create a culture to prevent substance abuse. To request a presentation, visit the website.

Dublin A.C.T. Coalition

Web: www.dublinact.org

Evidence-based, drug prevention strategies to create population-level change through community education, addressing access and availability, media messaging, positive policy development and enforcement.

Operation Street Smart Drug Education

Collaborative effort between D.A.R.E. and the Special Investigations Unit (SIU) of the Franklin County Sheriff's Office undercover narcotics branch to provide current and up-to-date narcotics information on trends, terminology, paraphernalia and physiological effects to individuals who deal with youth on a daily basis.

Adult Prevention Education: Contact Corporal Brian Toth at 614-525-3318.

<http://sheriff.franklincountyohio.gov/programs/operation-street-smart-drug-education.cfm>

Youth Drug Prevention Education: Contact 614-525-4507.

<http://sheriff.franklincountyohio.gov/about/organizational-chart/patrol-bureau/operation-street-smart-youth-education.cfm>

RECOVERY HOUSING

RECOVERY HOUSING

“Recovery Housing” means housing for individuals recovering from drug addiction that provides an alcohol and drug-free living environment, peer support, assistance with obtaining drug addiction services, and other drug addiction recovery assistance.

Amethyst, Inc.

Address: 455 E. Mound St., Columbus, 43215

Phone: 614-242-1284

Web: <http://www.amethyst-inc.org/>

Hours: Monday–Friday: 8:30 a.m.–4:30 p.m.

Phone is answered during business hours. After hours calls and emails will be responded to the next business day.

The Recovery House: Helps women transition back into independent living by providing a safe and sober community living environment.

Como Recovery

Address: 29 E. Como Ave., Columbus, 43202

Phone: 614-600-6980

Web: www.churchoncomo.org/Como_Church_Site/Como_Recovery.html

A faith-based program for a 12-month process of healing and discipleship for people struggling with addiction or those hopeless in spirit. Focuses primarily on men and women ages 18-30 but will assist those who are sincere about recovery.

Operates on a sliding scale fee structure. Those with the means are charged \$150-\$260 monthly. Those that have exhausted all financial means are served without charge.

House of Hope, Inc

Address: 825 Dennison Ave., Columbus, 43215

Phone: 614-291-4691

Web: www.houseofhope-inc.org

Individuals interested in living at the Recovery Residences can apply directly to the Housing Coordinator. If there are vacancies and the applicant meets admission criteria, an interview will be scheduled with the applicant and all members of the house. 80% of house residents must vote to accept the applicant as a roommate.

Applicants should consider if Recovery Housing is a good fit for them. Anyone may refer to the program.

Individuals must be drug and alcohol free for 30 days or more (longer is preferred), participate in a 12-step recovery program, accept house rules and expectations, be gainfully employed prior to submitting an application, and able to pay rent (\$340/\$380 a month or \$85/\$95 a week).

Serenity Street Foundation

Address: 32 E. Woodrow Ave., Columbus, 43207

Phone: 614-358-0207

Web: www.serenitystreet.org

The Serenity Street Foundation is a nonprofit organization whose mission is to help men recover from alcohol and drug addiction. The Foundation operates two Residential Care Facilities which are licensed by the City of Columbus. These facilities provide a sober, safe and structured home environment for residents which promotes radical life change, dynamic personal growth and permanent sobriety.

Volunteers of America of Greater Ohio**Address:** 1776 E. Broad St., Columbus, 43203**Phone:** 614-253-6100**Web:** www.voago.org

Transitional housing for veterans with long-term, structured environments designed to meet the unique needs of homeless veterans. Provides a stable environment with 40 beds and helps move veterans into independent housing through supportive services, including case management, life skills training and referrals to community resources. Treatment programs for veterans' unique needs are integrated with the transitional housing program which serves those with a chronic mental illness who have alcohol or drug addiction, or are dual diagnosed.

DROP-IN CENTERS

OSU Star House

Address: 1220 Corrugated Way, Columbus, 43201

Phone: 614-826-5868

Web: <https://starhouse.ehe.osu.edu/>

Hours: 7:30 a.m.-10 p.m.

Star House is a drop-in center for homeless youth in Central Ohio. Star House offers a safe place for homeless youth ages 14-24 to seek services and begin to establish trust in order to access stabilizing resources such as housing, counseling and employment opportunities.

The PEER Center

Web: www.thepeercenter.org

East Center

Address: 750 E. Broad St., Columbus, 43205

Phone: 614-453-4830

Hours: Mon-Fri 7 a.m.-11 p.m,
Sat/Sun 9 a.m.-9 p.m.
Holidays 9 a.m.-7 p.m.

West Center

Address: 1114/1116 W. Broad St., Columbus, 43222

Phone: 614-453-4840

Hours: 10 a.m.-6 p.m. Open holidays.

The PEER Center is a drop-in wellness, recovery and support center. The mission is to provide a safe place where individuals receive respect, encouragement and hope that supports and strengthens their recovery with mental illness, addictions and/or trauma.

HALF WAY HOUSING

Alvis House

Address: 2100 Stella Ct., Columbus, 43215

Phone: 614-252-8402

Fax: 614-252-5326

Web: <https://alvis180.org/>

Hours: Mon–Fri 8:30 a.m.–5 p.m.

Alvis House works to keep families together and make communities safer during the transitional period between incarceration and returning home. Reentry Services include cognitive behavioral treatment, chemical dependency treatment, workforce development, case management, mentoring, housing assistance, and links to community services and support.

SUPPORT GROUPS

SUPPORT GROUPS

Addict's Mom

Web: addictsmom.com

Confidential Facebook page for moms, parents and other significant family members of addicts

Africentric Personal Development Shop (APDS)

Address: 1409 E. Livingston Ave., Columbus, 43205

Phone: 614-253-4448

Web: apdsinc.org/

Hours: Mon-Fri 9 a.m.-8 p.m.
Sat 9 a.m.-3 p.m.

Offers gender specific support groups to assist with anger, violence and substance abuse issues by developing tools, coping skills and techniques that improve family, relational and societal functioning.

Women's Group: Meets every Tuesday, noon-1 p.m.

Men's Group: Meets every Tuesday, 4:30-5:30 p.m.

Celebrate Recovery Meetings (Faith Based)

Westgate United Methodist Church

Address: 61 S. Powell Ave., Columbus, 43204

Web: www.celebraterecovery.com

Hours: Sun 11 a.m.

Celebrate Recovery is a Christ-centered program with foundations firmly established in Biblical truth. The 12-Steps with accompanying Scriptures and the 8 Principles based on the Beatitudes offer participants a clear path of salvation and discipleship; bringing hope, freedom, sobriety, healing, and the opportunity to give back one day at a time through our one and only true Higher Power, Jesus Christ.

Central Ohio Area of Narcotics Anonymous

Address: 1313 E. Broad St., Columbus, 43205

Phone: 614-252-1700

Web: www.nacentralohio.org

Meeting Search: www.nacentralohio.org/meetings.php

Free society of recovering addicts who meet regularly to help others stay clean. The only requirement for membership is the desire to stop using. It is possible to overcome the desire to use drugs with the 12-Step program and the fellowship of recovering addicts. Meeting times and locations can be found on the website or by calling the answering service.

Chalmers P. Wylie VA Ambulatory Care Center

Address: 420 North James Rd., Columbus, Ohio 43219

Phone: 614-257-5440

Web: www.columbus.va.gov/services/mentalhealth.asp#add

Provides peer support services to qualified Veterans with a Mental Health Diagnosis or Substance Use Disorder.

Columbus Public Health

Alcohol and Drug Abuse Program

Address: 240 Parsons Ave., Columbus, 43215

Phone: 614-645-6839

Web: www.columbus.gov/aod

Family Interaction Group (F.I.G.): A 10 week program allowing parents to go through **Parenting Wisely** while their children ages 7-12 complete the **Y.E.S. (You're Extra Special)** program that is in many of the schools. Every 3rd group, the parents and children will merge to complete activities together centered on feelings, the impact of alcohol and drugs, and communication.

Groups meet at Columbus Public Health on Monday evenings from 6-7 p.m. with scheduled enrollment. The program is free and meets the requirements for Children's Services and the courts.

Directions for Youth and Families

Web: www.dfyf.org

Treatment groups for parents and families of addicts.

Heroin Anonymous

Web: www.heroinanonymous.org

Fellowship of men and women who have found a solution to heroin addiction and complete abstinence from all drugs and alcohol. Recovered heroin addicts meet regularly to help others stay sober.

Mount Carmel Health

Phone: Call 614-234-0200 to register

Web: www.mountcarmelhealth.com

Grief Process Support Groups: Offer support and comfort on the loss of a mate, friend or family member through conversation, educational materials and sitting together in silence.

Nar-Anon

Phone: 614-470-3428 (24-hour answering service)

Web: www.nar-anon.org

Family Groups: Worldwide fellowship for those affected by someone else's addiction. Twelve-Step program offers help by sharing experience, strength and hope. A problem of addiction in a relative or friend is the only membership requirement. The program of recovery is adapted from NA and uses Twelve Steps, Twelve Traditions and Twelve Concepts. Meeting times and locations can be found on the website or by calling the answering service.

Rational Recovery

Web: www.rational.org

Disseminates information on independent recovery from addiction.

SMART Recovery

Phone: 614-439-1813

Address: Summit on 16th, 82 E. 16th Ave.-Room 202,
Columbus, 43201

Meeting Schedule: www.smartrecovery.org/local/

SMART Recovery is a nationwide, nonprofit organization which offers free support groups to individuals who desire to gain independence from any type of addictive behavior. SMART Recovery also offers a free Internet Message Board discussion group, and sells publications related to recovery from addictive behavior.

Syntero**Phone:** 614-889-5722**Address:** 299 Cramer Creek Court, Dublin, 43017**Web:** www.syntero.org/groups/groups-for-parents

H2O: Hope to Others, Parent Support Group Meeting: Open support group for parents whose child has been impacted by alcohol or other drugs. The group meets the 1st Wednesday of each month.

The Addict's Parents United (TAP United)**Web:** www.tapunited.org

Support system and advocacy group of members who have loved ones with the disease of addiction and/or who have lost loved ones from this disease. Provides support for the family that focuses on giving hope through self-care and helping parents and families navigate through the devastation caused by addiction.

Parent Support Group Meetings

Wed 6:30-8 p.m.

2425 Bethel Rd.-Room 149A, Columbus, 43220

Xenos Christian Fellowship Never Alone**Phone:** (614) 823-6510 x1723**Web:** www.xenos.org/counseling/never-alone

Helps substance abusers discover and experience the hope for change that God offers. Helps people gain a biblical footing for recovery through Bible study, prayer, sharing experiences and building relationships with people who can help through the change. Helps people find long term success through spiritual growth and loving others.

SYRINGE/ NEEDLE ACCESS

SYRINGE/NEEDLE ACCESS

Safe Point

Phone: 614-460-1406

Web: <http://safepointohio.org/>

Equitas Health Medical Center

Address: 1033 N. High St., Columbus, 43201

Hours: Sat 8:30 a.m.-12:30 p.m.
Tues 3-5:30 p.m.

Southeast Inc. Franklin Station

Address: 524B W. Broad St., Columbus, 43215

Hours: Fri 8:30 a.m.-12:30 p.m.

Safe Point is a comprehensive harm reduction program that provides access to syringes for people who inject drugs. The program follows a needs-based model. By using a sterile syringe every time, people who inject drugs are able to reduce their risk of contracting or transmitting bloodborne diseases such as Hepatitis C or HIV.

TREATMENT SERVICES

TREATMENT SERVICES

ADOLESCENT TREATMENT SERVICES

Abraxas Columbus Counseling Center

Address: 899 E. Broad St.-Suite 100, Columbus, 43205

Phone: 614-220-8655

Web: www.abraxasyfs.com

Serves male and female youth, ages 12-21, in an outpatient setting.

Buckeye Ranch

Address: Multiple locations

Phone: 614-384-7798

Fax: 614-384-7703

Email: Family_Resources_Questions@buckeyeranch.org

Website: www.buckeyeranch.org

Hours: Mon-Fri 8 a.m.-5 p.m.

Intensive Care: Locked program with 38 beds that serves youth ages 9-18 of both genders.

Open Campus: Non-locked program with 52 beds that serves youth ages 10-18 of both genders.

Individual, group and family counseling in both outpatient office-based and home/community-based settings. Includes Family Alcohol and other drug Collaboration Team (FACT), Multisystemic Therapy and Intensive Family Support Program.

Directions for Youth and Families Healthy Alternatives for Youth Program

Address: 1515 Indianola Ave., Columbus, 43201

Phone: 614-294-2661

Web: www.dfyf.org

Provides non-intensive outpatient counseling for adolescents, ages 12-18 years old, who reside in Franklin County and are experiencing drug and alcohol issues.

Maryhaven

Address: 791 Alum Creek Dr., Columbus, 43207

Phone: 614-445-8131

Web: www.maryhaven.com

Serves boys and girls ages 12-18, treating them for alcohol and other drug dependencies, as well as other mental health needs in both residential and outpatient settings.

Nationwide Children's Hospital Adolescent Medicine Clinic

Address: 495 E. Main St.-Suite B, Columbus, 43215

Phone: 614-355-8614

Web: www.nationwidechildrens.org

For adolescents and young adults, 14 to 21 years of age. Patients entering the program undergo a complete medical and addiction evaluation. Medication is one component of the program. Patients are required to have a complete drug and alcohol assessment in the community and follow recommendations for treatment. Patients also are encouraged to participate in 12-step oriented groups such as Alcoholics Anonymous (AA) or Narcotics Anonymous (NA) for additional support. Social workers are available to assist patients and families with community referrals for assessment and treatment.

Teen Challenge Columbus

Address: P.O. Box 24099, Columbus, 43224

Phone: 614-476-4600

Web: www.teenchallengecolumbus.net

Christian residential drug and alcohol rehabilitation center for teen girls.

EXTENDED STAY/INPATIENT/RESIDENTIAL/DETOX

Residential/Extended Stay Treatment Services support individuals in the early stages of recovery who need this residential level of care and/or are homeless. Prepares clients to become self-sufficient in the community. Residents sometimes work in the community and may pay a portion of their room and board.

Chalmers P. Wylie VA Ambulatory Care Center

Address: 420 North James Rd., Columbus, 43219

Phone: 614-257-5440 (to schedule an appointment)

Web: www.columbus.va.gov/services/mentalhealth.asp#add

Hours: Walk in hours - Mon-Thurs, 8 a.m.-3 p.m.
Fri - 10 a.m.-3 p.m.

Provides the following addiction services for qualified Veterans with an Opiate Use Disorder: Comprehensive Evaluations; Ambulatory Detox; Outpatient Treatment; Rehab/Aftercare; Opioid Substitution Therapy (Suboxone in house/Methadone contracted out to CompDrug); Referrals to Residential Treatment, including long term care (6 months); and, Substance Use Disorder/Pain Management Treatment and Peer Support Services.

Columbus Area Integrated Health Services Inc.

The Bell Center

Address: 1515 E. Broad St., Columbus, 43205

Phone: 614-252-0711

Web: www.columbus-area.com/#!/bell-residential/chd0

The Bell Center Africentric Therapeutic Community is a 6 to 9 month inpatient alcohol and drug treatment program for individuals with a chronic history of alcohol and/or other drugs who are willing to adhere to an Africentric and a T.C. modality of treatment. Houses up to 35 residents.

Destiny House Recovery Center

Address: 3400 Kohr Blvd., Columbus, 43224

Phone: 614-498-0078

Web: www.ncbcsvcs.org

Six month faith-based residential drug and alcohol recovery center, offering a recovery program, housing, food, immediate full-time employment, basic transportation, and lifestyle and job skills. As a guaranteed drug and alcohol-free environment, it is a tightly supervised, highly structured program designed for residents to work full-time days, receiving intensive programming in the evenings.

Dublin Springs

Address: 7625 Hospital Dr., Dublin, 43016

Phone: 614-717-1800

Web: www.dublinsprings.com

Partial Hospitalization Program: Provides structured therapy six days a week. Patients typically spend 5-6 hours per day participating in psychotherapy groups, recreational therapy and educational groups.

Inpatient Program: Clinical and medical assessments, psychiatric stabilization and rehabilitation care. Offers the advantages of a controlled, structured environment with 24-hour nursing care and intensive treatment not available on an outpatient basis. May include up to 10 hours per day of programming.

House of Hope Inc.

Address: 825 Dennison Ave., Columbus, 43215

Phone: 614-291-4691

Web: www.houseofhope-inc.org

Men's Residential Program: All admissions are voluntary and clients are asked for a commitment of 6 months. Admission requires an assessment interview with a counselor and is arranged by appointment only by calling the office.

Maryhaven

Address: 791 Alum Creek Dr., Columbus, 43207

Phone: 614-445-8131

Web: www.maryhaven.com

Inpatient Detoxification: Residential programs for a client's withdrawal from drugs while being medically monitored, coupled with treatment and other supportive services.

Dan Cannon Hall: Inpatient treatment program for adults where patients learn about addictive illness and tools necessary for sobriety. Provides intensive group and individual counseling, self-help support groups, family education, therapeutic recreation and medical/nutritional interventions. Length of stay varies.

The Aster Program is the original Women's Program and **The AYA Program** is an Africentric Program created to meet the needs of women of color. Both programs provide services to address issues related to recovery, including: addictive illness; mental health; trauma related to sexual, emotional, physical or other forms of abuse; neglect or abandonment; family and relationship issues; eating and body image problems; grief; and anger.

North Central Mental Health Services

Address: 130 N. High St., Columbus, 43201

Phone: 614-299-6600

Web: www.ncmhs.org

Housing options for adults with addiction.

The Ohio State University Wexner Medical Center Talbot Hall

Address: 1441 Phale D Hale Dr., Columbus, 43205

Phone: 614-257-3760

Web: www.wexnermedical.osu.edu

Adult services for drug addiction and alcoholism in the 25-bed Talbot Addiction Medicine facility.

Inpatient Detoxification: Intensive, medically managed program where patients are prescribed medication to facilitate a safe and more comfortable withdrawal from chemicals. Once stabilized, education, skills training, counseling and participation in a 12-Step program are offered and encouraged.

Partial Hospitalization: Structured care program for at least five hours during the typical eight-hour workday, offering an alternative to more costly overnight hospitalization and providing support for those who may not be ready to make a full return to home or work.

The Woods at Parkside

Address: 249 Olde Ridenour Rd., Gahanna, 43230

Phone: 800-282-5512

Web: www.thewoodsatparkside.com

The program offers detox, inpatient residential treatment and partial hospitalization services based on the needs of the client.

OUTPATIENT AND INTENSIVE OUTPATIENT TREATMENT

Outpatient Treatment Services provide individual and group counseling sessions in a non-residential setting of approximately 90 days or less. Intensive Outpatient Treatment Services are conducted in an outpatient setting for a minimum of 3 hours of direct client treatment services per day, utilizing both group and individual formats for a minimum of three days a week. The intensive phase of treatment typically occurs for 4-6 weeks with less intense services following.

Africentric Personal Development Shop (APDS)

Address: 1409 E. Livingston Ave., Columbus, 43205

Phone: 614-253-4448

Web: www.apdsinc.org

Hours: Mon-Fri 9: a.m.-8 p.m.
Sat 9 a.m.-3 p.m.

Treatment includes: gaining a firm understanding of addiction, its consequences and the recovery process; maintaining sobriety; developing solid support systems for continued sobriety; beginning to set healthy boundaries; developing an internal locus of control; and, gaining a greater sense of culture, community and self-respect.

Amethyst Inc.

Address: 455 E. Mound St., Columbus, 43215

Phone: 614-242-1284

Web: www.amethyst-inc.org

Hours: Mon-Fri 8:30 a.m.-4:30 p.m.

Phone is answered during business hours. After hours calls and emails will be responded to the next business day.

Arizona Counseling & Consultation Services

Address: 3035 W. Broad St. - Suite 101, Columbus, 43204

Phone: 614-272-7005

Web: <http://arizonacounseling.co/>

Hours: Mon-Fri 9 a.m.-9 p.m. / Sat 9 a.m.-1 p.m.

Specializes in outpatient treatment for adults with alcohol, drug and opioid dependence. Services include individualized evidence-based practices, medication-assisted opiate replacement therapy (Vivitrol & Suboxone), assessment, crisis intervention, and individual and group counseling. A.C.C.S. is certified by the Ohio Department of Mental Health and Addiction Services.

Chalmers P. Wylie VA Ambulatory Care Center

Address: 420 North James Rd., Columbus, 43219

Phone: 614-257-5440 (to schedule an appointment)

Web: www.columbus.va.gov/services/mentalhealth.asp#add

Hours: Walk in hours - Mon-Thurs, 8 a.m.-3 p.m.
Fri, 10 a.m.-3 p.m.

Provides the following treatment services for qualified Veterans with an Opiate Use Disorder: comprehensive evaluations; intensive outpatient treatment; opioid substitution therapy; tobacco cessation counseling and nicotine replacement; dual diagnosis stage-based treatment (mental illness & substance use disorder); psychiatric and primary care treatment; Substance Use Disorder pain management treatment; and, rehab/aftercare.

Columbus Area Integrated Health Services Inc.**Address:** 1515 E. Broad St., Columbus, 43205**Phone:** 614-252-0711**Web:** www.columbus-area.com

Treatment provided under the supervision of a multidisciplinary team of doctors who specialize in addiction medicine such as Suboxone, chemical dependency therapists, and specially trained nurses.

**Columbus Public Health
Alcohol and Drug Abuse Program****Address:** 240 Parsons Ave., Columbus, 43215**Phone:** 614-645-6839**Web:** www.columbus.gov/aod

Walk in Assessments are conducted Monday, Tuesday and Thursday, beginning at 1 p.m. Clients needing an assessment should come in between 8 a.m. and noon to sign up. After 1 attempt as a walk in, anyone not seen will be offered a scheduled appointment.

Gender specific Opiate Groups meet 2 days a week for 3 hours with individual counseling and case management.

CompDrug

Address: 547 E. 11th Ave., Columbus, 43211

Phone: 614-224-4506

Web: www.compdrug.com

Treatment focusing on clinical intervention, family support, relationship building, work and meaningful activity, patient empowerment and self-control.

- Group therapy
- On-site psychiatric services
- Medications with counseling to provide a patient centered approach to the treatment of substance use disorders. For opiate dependence, this includes Methadone, Buprenorphine (with and without naloxone) and Naltrexone.

Concord Counseling Services

Address: 700 Brooksedge Blvd., Westerville, 43081

Phone: 614-882-9338

Web: www.concordcounseling.org

Hours: Mon-Thurs 9 a.m.-8 p.m.

Fri 9 a.m.- 3 p.m.

Sat and Sun Closed

Decreases substance abuse and eliminates or reduces the negative consequences it causes by developing a personalized treatment plan that meets the client's unique needs and schedule. Call (614) 882-9338 x205 to schedule an assessment appointment.

Dublin Springs

Address: 7625 Hospital Dr., Dublin, 43016

Phone: 614-717-1800

Web: www.dublinsprings.com

Intensive Outpatient Program provides structured therapy three days a week. Patients typically spend 9-15 hours per week in the program.

House of Hope, Inc.

Address: 825 Dennison Ave., Columbus, 43215

Phone: 614-291-4691

Web: www.houseofhope-inc.org

Outpatient program services minimize disruptions to work and educational opportunities by allowing participants to meet at convenient hours.

Intake appointments are scheduled on a first come, first served basis by calling the Intake Coordinator at 614-276-4840. (The best time to call is Monday morning.) An assessment will be completed to determine the appropriate level of care through a variety of different available programs.

Groups: Recover Together

Address: 214 Neilston St., Columbus, OH 43215

Phone: (800) 683-8313

Web: <http://joingroups.com/ohio/>

Hours: Mon-Thurs 9 a.m.-4 p.m., Fri 10 a.m.-2 p.m.

Provides therapy and medication assisted treatment.

Maryhaven

Address: 791 Alum Creek Dr., Columbus, 43207

Phone: 614-445-8131

Web: www.maryhaven.com

Hours: 24 hours day (after hours admissions by appointment only)

Helps adults (18+) who are diagnosed with opioid use disorders.

Provides daily medication services to clients with Buprenorphine (Suboxone), Methadone and Vivitrol.

Neighborhood House

Address: 1000 Atcheson St., Columbus, 43203

Phone: 614-252-4941

Alcohol & Drug Outpatient Counseling Program (OPC):

Offers ways for individuals to cope with substance abuse, addiction and problems that result from negative behaviors.

Opioid Recovery Clinic: Intensive outpatient program providing individual, group and family counseling exclusively for Medicaid and uninsured clients. Doctors on staff may provide Medication Assisted Treatment using Suboxone and Vivitrol to reduce withdrawal symptoms.

Ohio Addiction Recovery Center

Address: 727 E. Main St., Columbus, 43205

Phone: 1-800-481-8457

Web: www.ohioarc.com

Our clinical approach is to provide intensive services in a supportive, welcoming environment. The compassionate and experienced staff are dedicated to our clients' success; and recognize each individual's unique set of strengths and challenges. Some treatment modalities include: Cognitive

Behavioral Therapy (CBT); Dialectical Behavior Therapy (DBT); Process Therapy; Individual Therapy; Holistic Therapy; Solutions-Based Therapy; Psychotherapy; Recreational Therapy; Equine Therapy; and, Family Therapy.

The Ohio State University Wexner Medical Center Talbot Hall

Address: 1441 Phale D. Hale Dr., Columbus, 43205

Phone: 614-257-3760

Web: www.wexnermedical.osu.edu

Offers trained and experienced specialists in the latest clinical techniques and proven treatment methods. Offers a full range of outpatient programs tailored to meet the individual needs of each patient.

The Ohio State University Wexner Medical Center Traumatic Brain Injury Network

Address: 3300 Morehouse Medical Plaza Pavilion
2050 Kenny Rd., Columbus, 43221

Phone: 614-685-8511

Fax: 614-293-9502

Web: www.tbi-network.org

Substance abuse treatment program for individuals who have sustained a traumatic brain injury (TBI), understanding the complex issues that arise with the combination of brain injury and alcohol or drug abuse. Treatment is coordinated with the patient's other services, including medical, financial, vocational or legal. Also offers a specialized vocational rehabilitation program.

Premier Recovery Center LLC

Address: 4449 Easton Way-Suite 200, Columbus, 43219

Phone: 614-54SOBER or 614-547-6237

Web: www.premierrecoverycenter.net

Premier Recovery specializes in all substance abuse disorders through a Suboxone program by appointments only (no walk ins).

PrimaryOne Health

Address: 1905 Parsons Ave., Columbus, 43207

Phone: 614-645-5500

Web: www.primaryonehealth.org

Hours: 8 a.m.-5 p.m.

Provides medical services along with counseling.

Rehabilitation Care Group

Address: 2599 Tiller Lane-Suite A, Columbus, 43231

Phone: 614-901-0590

Web: www.treatmentcanwork.com

Provides high quality, compassionate, “no judgment,” confidential care for the treatment of alcohol and opioid addiction in an outpatient setting. Staff will help you determine if our medication assisted treatment is appropriate for your situation.

Second Chance Counseling

Address: 6011 Columbus Pike, Lewis Center, 43035

Phone: 614-635-9011

Web: www.secondchancecolumbus.com

Offers a wide range of substance abuse treatment and services to meet clients’ needs.

Southeast, Inc.**Address:** 16 West Long St., Columbus, 43215**Phone:** 614-225-0990**Web:** www.southeastinc.com

Participants must complete 9 hours of treatment activities each week:

- Group (4 hours/week)
- Individual Counseling (1 hour/week)
- Client's choice of sober support in community (4 hours/week)

Medically Assisted Treatment (MAT) Program: Likely lasts 9-18 months or longer if needed.

Syntero, Inc.**Web:** www.syntero.org**Dublin Location****Address:** 299 Cramer Creek Ct., Dublin, 43017**Phone:** 614-889-5722**Fax:** 614-889-9335**Mill Run Location****Address:** 3645 Ridge Mill Dr., Hilliard, 43026**Phone:** 614-457-7876**Fax:** 614-457-7896

Intensive outpatient program for adults struggling with addiction and behavioral issues. Helps adults in early recovery who have experienced ineffective past treatments. Provides evidenced based therapeutic treatment and counseling services to adults. Call the Intake Department at 614-889-5722 ext. 133 to learn more about AOD counseling programs.

The Woods at Parkside

Address: 249 Olde Ridenour Rd., Gahanna, 43230

Phone: 800-282-5512

Web: www.thewoodsatparkside.com

Clients attend treatment programming at the Woods at Parkside for three hours a day, three days a week with a choice of morning or evening sessions, allowing clients to return to the work setting while continuing treatment. Estimated duration of care is 18-24 sessions.

PREGNANT WOMEN SERVICES

Columbus Public Health

Alcohol and Drug Abuse Program

Address: 240 Parsons Ave., Columbus, 43215

Phone: 614-645-6839

Web: www.columbus.gov/aod

Assessments are walk-in on Mon, Tues and Thurs or scheduled as needed. Pregnant women are given priority for an assessment. Treatment groups include outpatient and intensive outpatient based on the needs of the client.

CompDrug

Address: 547 E. 11th Ave., Columbus, 43211

Phone: 614-224-4506

Web: www.compdrug.com

Provides outpatient and medication assisted treatment to pregnant women.

Embody Wellness Obstetrics and Gynecology**Address:** 5957 Cleveland Ave., Columbus, 43231**Phone:** 614-600-2979**Web:** www.embodywellnessobgyn.com**Hours:** 8 a.m.–4:30 p.m.

Provides care in the form of office-based opioid addiction therapy to both pregnant and non-pregnant patients.

Grant Family Medicine**Address:** 111 S. Grant Ave., Columbus, 43215**Phone:** 614-566-9483**Web:** www.ohiohealth.com/grantfamilymedicine

Provides OBGYN services and medication assisted treatment.

Maryhaven**Address:** 791 Alum Creek Dr., Columbus, 43207**Phone:** 614-445-8131**Web:** www.maryhaven.com**Hours:** 24 hours day (after hours admissions by appointment only)

Stable Cradle Program: Works with The Ohio State University Wexner Medical Center to serve pregnant women so they can maintain a healthy drug-free pregnancy, give birth to healthy babies, and establish a positive mother-infant bond. Combines outpatient mentoring, prenatal, birthing and postnatal care to expectant mothers in English and Spanish.

Ohio State University Wexner Medical Center STEPP Clinic

Phone: 614-293-2222 to schedule an appointment

Expectant mothers with addictions to drugs or alcohol come to the Substance Abuse, Treatment, Education and Prevention Program (STEPP) for treatment. Part of The Ohio State University Wexner Medical Center's Maternal Fetal Medicine practice, this weekly clinic is held every Wednesday morning and provides personalized, high-risk obstetric care, treatment and counseling.

Premier Recovery Center LLC

Address: 4449 Easton Way-Suite 200, Columbus, 43219

Phone: 614-54SOBER or 614-547-6237

Web: www.premierrecoverycenter.net

Premier Recovery specializes in all substance abuse disorders through a Suboxone program by appointments only (no walk ins).

Rehabilitation Care Group

Address: 2599 Tiller Lane-Suite A, Columbus, 43231

Phone: 614-901-0590

Web: www.treatmentcanwork.com

Provides high quality, compassionate, “no judgment,” confidential care for the treatment of alcohol and opioid addiction in an outpatient setting. Staff will help you determine if our medication assisted treatment is appropriate for your situation.

StepONE

Phone: 614-721-0009

Web: www.celebrateone.info/stepone

Provides access to prenatal care resources.

OTHER RESOURCES

OTHER RESOURCES

These agencies are committed to bringing substance abuse advocacy, education, information and support to those they serve.

AGENCY ONLINE RESOURCES

ADAMH Board of Franklin County

www.adamhfranklin.org

City of Dublin

www.dublinohiousa.gov

Columbus Public Health

www.columbus.gov/publichealth

Drug Enforcement Administration

www.deadiversion.usdoj.gov

Franklin County Children Services

childrenservices.franklincountyohio.gov

Franklin County Coroner's Office

coroner.franklincountyohio.gov

Franklin County Opiate Crisis Task Force

Web: octf.franklincountyohio.gov

E-mail: octf@franklincountyohio.gov

Franklin County Public Health

www.myfcph.org

Franklin County "Network of Care" Community Health Data Search

<http://franklin.oh.networkofcare.org/ph/>

Franklin County “Network of Care” Mental Health and Addiction Services Providers

<http://franklin.oh.networkofcare.org/mh/>

Ohio Department of Health

www.odh.ohio.gov

Tyler’s Light

www.tylerslight.com

COMMUNITY COALITION WEB SITES**Drug Safe Worthington**

www.drugsafeworthington.org

Dublin A.C.T. Coalition

www.dublinact.org

Franklin County Board of Commissioners Reentry Coalition

www.franklincountyohio.gov/reentry

United Westside Coalition

www.stmarksumcoh.org/united-westside-coalition.html

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