



School Health Connection February 2017



Volunteers Needed for Full-Scale Exercise

Volunteers age 15 and older are needed for a full-scale, emergency preparedness exercise on **April 4, 2017**. Volunteers will have make-up applied to simulate injured victims. The roles will be scripted to aid in character development and role-play. The purpose of this exercise is to test and evaluate emergency response plans of Central Ohio hospitals, law enforcement, fire/EMS and local and state agencies.

This exercise will be the largest exercise ever conducted in Central Ohio with hundreds of participating responders. Your assistance is needed to help make Central Ohio better prepared. **Please register at <http://bit.do/COTS2017>. Volunteers under the age of 18 will have to have parental/guardian consent. Volunteer credit can be given to those who participate.**

Farm to School Web Page



Franklin County Public Health is proud to introduce our Farm to School web page! This web page has information about the Farm to School program including the benefits of having a Farm to School program at your school. For more information about Farm to School, contact Kristin Peters at KristinPeters@franklincountyohio.gov or (614) 525-6671.



Ohio Days

New year, new monthly effort! Last month, Columbus City Schools hosted their first monthly "Ohio Days: My Plate, My State."

The effort will bring Ohio's local food to 109 of Columbus' school cafeterias. Ohio Days showcases Ohio grown, raised or processed food and will serve more than 52,000 Columbus schoolchildren.

School Taste Test

Interested in having your students try new foods and recipes? Franklin County Public Health is looking to partner with schools that want to become more involved with Farm to School programming. If you're interested in having us come to your school to host a taste-test, please take this brief survey.

Plan Your School Garden Now

School gardens are a great opportunity for students to engage in experiential learning. Not only are students learning about where their food comes from but they are also engaging with nature, learning the life cycle of plants and investing their time and knowledge into a living object. They're also a great way to connect with the curriculum already established in the classroom.

Planning a school garden takes time, organization, resources and support so now is the time to start the planning process! Early stages in the planning involve a site analysis, determining the size, budget, maintenance, scheduling, roles and goals and who from each school and community to invite to the planning community. To learn more, use this guide.

What Can You Do About the Flu?



Influenza (flu) is a contagious respiratory disease caused by a virus that can lead to serious complications, hospitalization, or death.

It's spread by coughing, sneezing and close contact. The flu is not the same as Norovirus aka "stomach flu" that commonly causes diarrhea and vomiting.

Each year, approximately 36,000 Americans die and over 200,000 are hospitalized from flu-related illnesses. Those at most risk are older adults, young children, pregnant women and those with chronic medical conditions. In Ohio, flu season generally lasts from October to May, normally peaking in February. To learn more about the flu, including symptoms and prevention, click [here](#).

FCPH FREE Flu Shot Clinics

Friday, February 10 9:00 a.m. - 1:30 p.m. Love Zion Baptist Church 1459 Madison Ave. Columbus 43025	Tuesday, February 14 5:30 p.m. - 7:30 p.m. La Clinica Latina Free Clinic 2231 N. High St. Columbus 43201
Tuesday, February 21 5:30 p.m. - 7:30 p.m. La Clinica Latina Free Clinic 2231 N. High St. Columbus 43201	Tuesday, February 28 5:30 p.m. - 7:30 p.m. La Clinica Latina Free Clinic 2231 N. High St. Columbus 43201



2017 Ohio Department of Health Regional School Nurse Conference

Join the Ohio Department of Health at the 2017 Regional School Nurse Conference!

When: **March 3 7:15 a.m. - 4:00 p.m.**

Where: Ohio Department of Agriculture Bromfield Auditorium
8995 E. Main Street, Reynoldsburg 43068

What is Norovirus?

Norovirus is a very contagious virus that can infect anyone. You can get it from an infected person, contaminated food or water, or by touching contaminated surfaces. The virus causes your stomach or intestines or both to get inflamed often causing stomach pain, nausea, vomiting and diarrhea. Watch the video below for more information on symptoms, prevention and treatment.



Start Recording & Start Talking video contest

Video Contest Rules

Drug Free Action Alliance and the Start Talking! initiative, through support from Verizon, are inviting Ohio students in grades 6 thru 12 to test their creativity and produce 60-second videos offering tips on how adults and other youth could have frequent and honest conversations about substance abuse. [More Information](#)



Public Health Connection
Call: **February 16, 2017**

Join Franklin County Public Health for our monthly Public Health Connection Call. We

Who: All licensed nurses working in Ohio schools. Priority registration given to registered nurses.

Cost: \$40 per nurse (includes conference materials and up to 6.25 CNE's)

Registration Deadline: February 24

Register by clicking [here](#). You will have to create a login name and password if you don't already have one for OhioTRAIN's website.



Join the Health Policy Institute of Ohio for a review and discussion of the HPIO publication Connections between Education and Health.

When: **February 24 1:30 p.m. - 2:30 p.m. EST**

Where: This is an online event.

What: An overview of the brief developed by HPIO to give policymakers and other stakeholders a better understanding of the relationship between education and health. Guest speakers will offer additional insights into how information in the brief can be used in the education and health sectors. The webinar will cover a variety of topics including:

- Health status and educational attainment among Ohioans
- Ways in which education impacts health outcomes
- How health can affect educational success
- Topics to be addressed in future HPIO publications on education and health

Register by clicking [here](#).

spend 30 minutes on the 3rd Thursday of every month updating partners on timely public health activities and projects. The call begins at 11:00 a.m. Connection information is always the same:

For audio only call 877-820-7831, enter passcode 5487125

To participate via Adobe Connect and see the presentation:

<http://fcph.adobeconnect.com/r9h1owblrg8/>

Minutes from previous Public Health Connection Calls are on our website: myfcph.org/phconnectioncall

Have a question for us? Email fcph@franklincountyohio.gov or call (614) 525-3160.



Find Us on Social Media



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