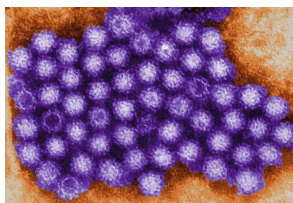




### Zika Virus

Zika is a virus that is primarily transmitted through the bite of an infected Aedes mosquito. It can also be transmitted from a pregnant woman to her baby during pregnancy or near the time of the baby's birth. Most common symptoms of Zika are fever, rash, joint pain and conjunctivitis. Symptoms typically begin 2 to 7 days after being bitten by an infected mosquito.

Zika virus was first identified in Uganda, was detected in Brazil in May 2015 and has now spread to more than 20 countries. Those with confirmed cases living in the United States were travelers to one of the infected countries. **Transmission has not been identified in the United States at this time.** The CDC is closely monitoring Zika virus activity. It's unlikely that widespread virus transmission will occur in the U.S. mainland but public health officials will be keeping a close eye on Zika as it progresses since the areas in the U.S. (including parts of Ohio) have Aedes mosquitoes. [\[more\]](#)



### Norovirus

Norovirus causes many people to become ill with vomiting and diarrhea each year.

You can help protect yourself and others by washing your hands often and following

### FCPH Adds New Immunization Clinic



We are excited to announce that starting March 3, immunizations will be offered at Clinton Township Division of Fire located at 3820 Cleveland Avenue, Columbus, 43224.

This clinic will be held the first Thursday of every month from 9:40 a.m. - 2:00 p.m. with the exception of March 3. That clinic is being held 10 a.m. - 12:00 p.m. **Appointments are required.** Visit our [website](#) or call (614) 525-3719 to schedule an appointment.

Need copies of the 2016 Immunization Clinic Schedule? Email Michelle Day at [mmday@franklincountyohio.gov](mailto:mmday@franklincountyohio.gov) or call (614) 525-4930.



### Is Your School District 100% Tobacco-Free?

In 2011, the Ohio Board of Education voted unanimously in favor of all schools becoming 100% tobacco-free.

simple tips to stay healthy.

Noroviruses are a group of related viruses that can cause gastroenteritis, which is inflammation of the stomach and intestines. This leads to cramping, nausea, vomiting, and diarrhea. Norovirus is the most common cause of gastroenteritis in the U.S.

CDC estimates that each year Norovirus causes 19 to 21 million illnesses, 56,000 to 71,000 hospitalizations and 570 to 800 deaths. Anyone can get infected with norovirus and you can get it more than once. It's estimated that a person will get norovirus about five times during their lifetime. Many people usually get sick with norovirus in cooler months, especially from November to April.

Norovirus spreads quickly. It's found in the vomit and stool of infected people. You can get it by:

- \* Eating food or drinking liquids that are contaminated with norovirus
- \* Touching surfaces or objects with norovirus on them and then putting your hand or fingers in your mouth
- \* Having direct contact with a person who is infected with norovirus

People with norovirus illness are contagious from the moment they begin feeling sick and for the first few days after they recover. Some people may be contagious for even longer. There is no vaccine to prevent norovirus infection or drug to treat sick people. [\[more\]](#)

For guidance on outbreaks at schools, click [here](#).



### "Disaster Master" Helps Students, Staff & Parents Prepare for Real-Life Emergencies

The Emergency Preparedness Program at Franklin County Public Health encourages teachers, parents, and students to take

The state supports and strongly suggests all schools in Ohio implement 100% tobacco free policies. Currently, this is not a state-mandated requirement for schools. Whitehall City Schools is the only district in Franklin County to be 100% tobacco-free. Districts implementing 100% tobacco-free campuses are strongly suggested and supported by Franklin County Public Health.

Tobacco use is the number one cause of death and disease in the nation. Every day in the United States, almost 4,000 youth age 18 or younger smoke their first cigarette and an additional 2,100 youth and young adults become daily cigarette smokers. Continue to protect our youth by going 100% tobacco-free today!

For more information on what a 100% tobacco-free school means and to learn what your school's current percentage rate is, please contact Alisha Brown at (614) 525-6671.

### American Heart Month National Wear Red Day is February 5th



February is American Heart Month. Throughout the month, awareness and education about heart disease and stroke are brought to the forefront. **Friday, February 5 is National Wear Red Day.** We encourage everyone to wear red to raise awareness of heart disease and stroke in women.

Heart disease is the leading cause of death for men and women in the United States. Every year, 1 in 4 deaths are caused by heart disease. The good news? Heart disease can often be prevented when people make healthy choices and manage their health conditions. Communities, schools, health professionals, and families can work together to create opportunities for people to make healthier choices. [\[more\]](#)

### [Heart-Healthy Recipes](#)

**Don't forget to wear red on Friday,  
February 5!**

time to sit together and discuss emergency preparedness.

Whether it's dealing with natural disasters, disease outbreaks, or any kind of man-made or natural threat, it's critical for people of all ages to have conversations about how to be prepared at home, school, work, and everywhere in between.

One way to engage students is to play the "Disaster Master" game which encourages positive decision making while learning valuable lessons about all-hazards preparedness.

Have a question for us? Email [fcph@franklincountyohio.gov](mailto:fcph@franklincountyohio.gov) or call (614) 525-3160.



## Public Health Connection Call

Franklin County Public Health would like to invite each of our school districts to join our monthly Public Health Connection Call. We spend 30 minutes on the 3rd Thursday of every month updating partners on timely public health activities and projects. The call begins at 11:00 a.m. Connection information is always the same:

For audio only call 877-820-7831, enter passcode 5487125

To participate via Adobe Connect and see the presentation:  
<http://fcph.adobeconnect.com/r9h1owblrg8/>

This month's topics include *(topics are subject to change)*:

- \* Annual Animal Bite Survey Report
- \* FCPH Naloxone Distribution
- \* Bad Restaurant Inspection...What Happens?
- \* Need to Know Infectious Disease Info
- \* This Month's Cut and Paste

To listen to January's call and to view the slides, please click [here](#).

### Find Us on Social Media



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